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Check out podcasts and books that expand your mind

Listen:

1. Hey Black Child: The Podcast- features the stories of lesser known African-American heroes from the past and present. They talk about everything from voting to “the truth about Thanksgiving” to an episode about race, kids, & banking. Conversation starter for children ages 7 and up.
2. Dairies of a Black Girl in Foster Care- a series that addresses current cultural issues, disparities, and stereotypes that aid in poor outcomes for Black girls who have experienced care. It also touches on the successes of youth who have aged out of the system.
3. Do Right By me: Learning to Raise Black Children in White Spaces
4. Just as Special – The place to learn about foster care from a BIPOC perspective
5. How to Talk About Racism, Adoption, & Parenting a Black Boy in America- focuses on adoption, single-parenting, racism, and raising a black boy

Read:

1. The Black Foster Youth Handbook- 50 + lessons I Learned to Successfully Age-Out of Foster Care and Holistically Heal by Angela Quijada-Banks
2. Shattered Bonds: The Color of Child Welfare by Dorothy Roberts
3. Affirmations for Black Boys
4. Badass Black Girls: Quotes, & Affirmations for Teens by MJ Fievre
5. Uncomfortable Conversations with a Black Boy: Racism, Injustices, & How You Can Be a Changemaker- Emmanuel Acho
6. **How the Cat Got its Sound:** the Story of Three Pittsburgh Cats and a Windy Night in Bellevue
7. Ebony Magazine
8. Essence Magazine
9. The New Pittsburgh Courier (newspaper)
10. **The Soul Pitt** (Pgh based website)